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Our Foot Orthotics are custom-made shoe inserts that are molded directly to your foot and arch to help eliminate pain and discomfort. Orthotics are individually designed to control foot function by treating imbalances and modifying areas of weight-bearing on the foot by adding corrective wedges and covers. Most lower extremity problems can be effectively treated with orthotics.

Custom foot orthotics will benefit a variety of individuals. For those who are athletes or active individuals, orthotics protect your feet and joints from the repetitive stress involved with specific sports. This protection helps to prevent sport injuries, as well as ligament and muscular strains. Orthotics can also assist people who must walk or stand excessively throughout the day. This rigid device helps control the motion in the foot and add support, eliminating pain and fatigue, a direct response of prolonged standing.



Why choose Custom Orthotics over Prefabricated (Store bought) Orthotics?

1. Custom Orthotics are made for your feet and only your feet!

Store bought orthotics are made to fit the most common foot types. Keep in mind, no two feet are the same. If you have tried a prefabricated orthotic in the past and some relief was achieved, a custom orthotic may be all you need to completely relieve your pain.



2. Custom Orthotics last longer!

Custom Orthotics generally last 7-10 years while store bought orthotics tend to last 1-2 years.

3. Cost!

Yes Custom Orthotics are more expensive, but well worth the price. At most podiatry and chiropractic offices you will spend between \$400 to \$500 per pair. We will provide you with the highest quality custom-made orthotics for LESS than \$300.

4. You deserve a break from tired achy feet!



CUSTOM ORTHOTICS by Atlanta's Leaders in Orthopedic Physical Therapy



*Indicated for the following
and much more:*

- Plantar Fasciitis
- Heel Spurs
- Tired or Achy Feet
- Bunions
- Shin Splints
- Metatarsalgia
- Over Pronation
- Patellar Femoral Pain
- Patellar Tendonitis
- Iliotibial Band (ITB) Syndrome
- Anyone with Foot , Knee, Hip or Back Pain
- Anyone who stands more than 2 hours per day
- Pain with Running or Walking

**Contact your
Physical Therapist
for a
FREE Consult**